PUTTING SCIENCE BACK INTO SPIRIT

"Realignment of the Pulse of M.E.R.C.Y."

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"The principle of causality must be held to extend even to the highest achievements of the human soul. We must admit that the mind of each one of our great geniuses – Aristotle, Kant or Leonardo, Goethe or Beethoven, Dante or Shakespeare – even at the moments of its highest flights of thought or in the most profound inner workings of his soul – was subject to the causal fiat and was an instrument in the hands of an almighty law which governs the world."[1] (Sir James Jeans)

In spite of what some may see as Science's perennial befuddlement and inconscientization of the realms of reality beyond the world of mind and senses, Science *has* periodically mused about the world of spirit and its application to physical phenomena.

People of consciousness don't need to be convinced about the primacy of a merciful gift of life force that manifests in man as the endless heartbeat and breath of life. **We just need a scientific way to harness and cooperate with that essential energy, and apply it more scientifically to our work and lives.**

This life force is bestowed upon each and every human being. With it we are granted an innate awareness – a consciousness that enables us to act, or not, as willing instruments or co-creators with a divine life giving energy, on behalf of the evolution of the universe.

Sadly, however, human beings – many in the world of science - are prone to have an inverted belief that one's mind/ego, manifesting through the senses and the physical

[1] "Physics and philosophy", by Sir James Jeans, Dover Publications , Inc.; New York, 1981; page 213

world, is the source of, and ruler over this "essential" energy, acting as if:

- Because we can't measure it with sense-based instruments, we need not concern ourselves with it; we can just learn how to manipulate physical phenomena according to the laws we can formulate mathematically; or

- It's easier to forget about living a lifestyle in harmony with the essential energy, believing that we can fix things simply using the mind, technology or drugs and potions of one kind or another.

This attitude and way of behaving contributes to the psychosocial pathology we suffer on the planet today which, thankfully, is being addressed in both secular and spiritual domains, for the benefit of humanity.

This is the crucial work pioneered by, 1) *the International Society of Analytical Trilogy,* under the direction of its founder, **Dr. Norberto Keppe**, and its chief operating officer, **Dr. Claudia Bernhardt Pacheco**; and 2) various spiritually based entities and mystics around the world who teach and practice a scientific approach towards matters of the soul.

This paper aims to spotlight correspondences between the world of Science and that of "Paravidya" or the knowledge of the beyond[2], as it has been applied towards a scientific approach to everyday living and disinverting or realigning mankind to the divine source of life.

Like many of us, this writer feels sometimes dwarfed by the complicated world of philosophy and science, especially physics, which thankfully has been unraveled to some extent by the great Norberto Keppe and the inventors of the Keppe Motor[3].

The "Pulse of M.E.R.C.Y." refers to material and esoteric correspondences to the scientific principles of Pulsation, **M**agnetism; **E**ssential energy; **R**esonance; **C**onsciousness, and **Y**oking (the "Yoga" of uniting man's spirit with that which created and sustains him).

[2] Para Vidya is concerned with the Creator of the Reality behind the creation, and the provision of food for the soul. It deals with the active life-principle working through the creation and felt as the life-impulse in all animated creation.

[3] http://www.keppemotor.com/en/group1.php

This paper will draw copiously from the writing of:

1. **Sir James Jeans,** an eminent Physicist who has artfully summarized the dichotomies in the ideas of giants in the world of science; and

2. **Sant Kirpal Singh**, a mystic and scholar whose interfaith consciousness of the universality of all religions was internationally recognized in the 1974 *World Conference on Unity of Man*[4]*,* which *f*eatured hundreds of religious, political and social leaders and delegates, from India and about 30 countries from around the world.

Hopefully this paper will contribute to the efforts of spiritually minded technological and social scientists, activists and lay people to grapple with the complex issues of reconciling Science and Spirit.

I INTRODUCTION

"Putting Science back into spirit" and the "Realignment of the pulse of mercy" simply means:

1. Resurrecting the ancient wisdom that the primary purpose of the human being – the "Crown of Creation" – is to gain Knowledge of Self, as essentially a spirit clothed in matter, made in the image of God;

2. Realizing that doing so can be done scientifically, in a way that informs all attempts to live, work and develop in our material existence, **including research and investigation in what we call "Science"**;

3. Recognizing the primacy of *Soul over mind* and matter (mind and body are good servants but poor masters); and

4. Admitting that we human beings have reversed (inverted) this process, choosing to first and foremost seek worldly aims, however noble, instead of what a great scripture enjoins, **"…seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you**." (*Bible - Matthew 6:33*).

[4] http://www.unity-of-man.org/en/activities/interreligious-dialogue/conference-74.html

As having been an officer in an ecumenical-minded, United Nations affiliated NGO, "*A Centre for the World Religions"*, it is clear to this writer that "seeking the kingdom" is not simply a matter of the dogmas, doctrines, rites and rituals of organized "religion" (nor modern science functioning like an organized religion). No, it is the science of *"re-ligare"* – consciously binding the soul back to its Creator. We stress that this does not require a person to leave the religion of their choosing or give up their scientific or other worldly professions. On the contrary, it is a key to realizing the highest potential in whatever we do.
Of course there are many Technological and social scientists, philosophers, psychotherapists and lay people who are committed to recognizing "the energetics of consciousness" in their work, and who strive to reconcile the mundane with the spiritual.

Trilogists, especially, have made great strides in this, based on the work of Norberto Keppe, Et Al., resulting in tremendous evidence of psychosomatic healing, the organization of successful cooperative Trilogical enterprises, and the development of the energy efficient Keppe Motor.

Yet the world of science, in particular, remains profoundly disinverted, as symbolized by what Dr. Keppe has called out: the tendency in physics to believe that the essential energy comes from matter, rather than the other way around[5].

It is the thesis of this paper that nothing short of a scientific approach to the beyond – to the spirit – will ultimately disinvert the world of science.

For the mystic this is a very specific process that goes beyond mentalizing:

> **"Self-realization and God-realization are inner experiences of the soul, and cannot be had on the plane of the senses. Inner awareness comes only when we rise above outer awareness. We have first to transcend body consciousness so as to liberate the soul from all outer attachments. The inner man must first be freed from the outer man, consisting of body, mind, sense organs, the intellect, and the vital airs (physical energies), for none of**

[5] See the book, "The New Physics; Derived from a Disinverted Metaphysics", by Norberto Keppe; Proton Iditora Ltda.; Sao Paulo, Brazil; 1996

these can contact the Pure Consciousness which is wholly non-material in essence, the life of all life and the very soul of all that exists. These are some of the vital problems with which God-men are concerned."[6]

Science and the Ultimate Reality

Fortunately, in spite of a general inversion of modern science, many great philosophers and scientists *have* tried to grapple with questions that keep leading back to the need to better understand what they call the "substratum" – the reality beyond phenomena.

"….The new quantum theory has shown that we must probe the deeper substratum of reality before we can understand the world of appearance, even to the extent of predicting the results of experiment." (*Jeans, p.194*)

Yet many conventional physicists are simply not interested in God, which for the spiritually minded person is simply a name given to whatever it is that created us, sustains us, gives us the gift of life and maintains law and order in the universe.

Some scientists, when struggling with the causative life force factors behind gravity - especially as it impacts the motion of planets - remain in a quandary when faced with the question, "What guides the planets"? Or they wonder, "Who empowers Mother Nature"? What really is "scalar"[7] or essential energy? Surely a venture into the beyond – the substratum - might provide some answers.

Scientists admit that to truly understand the nature of reality, it would require more "senses". The mystic sees this as a need to develop the spiritual "senses", which of course function beyond mind and matter. Sadly, some scientists view the origins of phenomenal patterns as being unknowable, and ignore the need for actively developing higher consciousness. They limit the source of knowledge to the mind itself as measured by what is positivistically[8] perceived by the senses.

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[6] From "The Way of the Saints", by Kirpal Singh; First Edition 1976, Second Printing, 1978, Second Edition 1989, Sant Bani Press, Tilton, NH, USA; (also available on line at http://www.ruhanisatsangusa.org/pdf/WaySaints.pdf)

[7] Scalar energy is a popular term used in Quantum physics, but the word defies a simple clear definition devoid of complicated scientific jargon.

[8] Positivism: "the form of empiricism that bases all knowledge on perceptual experience (not on intuition or revelation)"

This kind of scientist tends to be a "determinist"[9] – one who believes that all is preordained, thus there's no question of pure free will, although it may seem to be. On the other hand, the divinely inspired mystic or enlightened saint (not necessarily one ordained by fiat of a religious order's hierarchy) sees clearly that man does have some measure of free will, depending upon his efforts to realize self and God.

Accessing the Divine Essential Energy

The mystic dares us to consider and scientifically investigate these questions concerning the ultimate reality. What if we could actually access the beyond – the world of spirit beyond the mind – in a scientific way, in full consciousness? Would this not guarantee a more fruitful attempt to master the phenomenal world – without the attendant inversion caused pollution, lack of ethics, lack of sustainability, poverty, injustice, etc. – that seems to be the price we pay for man's so-called economic and technological development?

Philosophers have, to some extent, been historically concerned with Justice, Truth and Beauty, which Dr. Keppe cites as the basic nature of man, though denied, suppressed, and inverted, by some philosophers. "The major problems of philosophy are for the most part very difficult; many of them tax the human mind to the utmost limits of its capacity, and have baffled the most acute intellects of our race for thousands of years – indeed it is hardly too much to say that not one of them has been solved yet." (*Jeans, p. 85*)

In their mad escape from Conscientizing the Divine, many positivistic-minded scientists have wallowed in a sea of confusion and mental masturbation.

II THE WORLDLY "SCIENTIFIC" APPROACH

Following are some of the issues that befuddle many scientists, which might clear up should they at least investigate a scientific approach to accessing and knowing the beyond - the causal nature of phenomena - rather than dismissing or intellectualizing it.

The "Scientific" Method

[9] Determinism: "(philosophy) a philosophical theory holding that all events are inevitable consequences of antecedent sufficient causes; often understood as denying the possibility of free will

Here's one worldly view of science: "…We see that there can be only one possible source of knowledge as to the special properties of our own world, namely experiment and observation; there is only one method of acquiring such knowledge, namely the method of science" (*Jeans, p. 49)*

Such a view espouses that it is for science to try to discover the pattern of events, and for philosophy to try to interpret when found." (*Jeans, p. 81*) Although experiments which are similar so far as our observation goes need not and usually will not, lead to identical results." (*Jeans, p. 173*)

In this paradigm, some scientists believe that the patterns in the world can only be described in mathematical language. And because Science acknowledges that identical experiments may actually produce very different outcomes, they feel justified in downplaying causality in relation to the world of phenomena.

Science and the "Substratum"

While some scientists ponder as to whether the whole world is just an idea in the mind of God, other modern scientists limit causality or the notion of the beyond to the regions of mind. They think that the "substratum" – beyond phenomena – is mental in nature. The mystic, on the other hand, sees the mind as just the lower limits of the beyond, still subject to the laws that govern phenomena.

Some scientists do play around with the notion of a fifth dimension, beyond three dimensional space and time. They do believe that there is a substratum of reality beyond phenomena and causal in nature; but unfortunately they also believe it is beyond our reach. The truth is, maybe they just don't know how to get there! Rather, they are content to wallow in the mental spheres.

Even the so-called "New Physics" (which is now newer based on Keppe's postulates) avows that, "The physical theory of relativity now indicates – to a high degree of probability, although without absolute certainty – that space and time do not exist separately in their own right, but are subjective selections from a wider space-time unity." (*Jeans, p. 199*)

They admit that their theories of particles and waves still don't explain the ultimate reality and the source or causal factors of an essential energy. And in spite of their

insights into matter and radiation, in the context of ordinary space and time, "there must be other ingredients which cannot be so represented. These are just as real as the material ingredients, but do not happen to make any direct appeal to our senses." (*Jeans, p. 193*)

Mentalism[10], Sources of Knowledge

Science generally acknowledges that ideas come before impressions. However, it is difficult for some to imagine any other higher reality because they have never scientifically investigated or experienced it. For some, "What is essential is the arrangement of the particles [of phenomena] and not the God who arranged them. (*Jeans, p. 111*)

Nevertheless, some scientists and philosophers *do* acknowledge that inherent in phenomena is an essence beyond the range of the senses:

> "Galileo, Descartes, Lock and others divided the equalities of objects and substances into the two classes which Lock designated as primary and secondary. Secondary qualities are those which are perceived by the senses, and so may be differently estimated by different percipients; primary qualities are those which are essential to the object of substance and so are inherent in it whether they are perceived or not." (*Jeans, p. 196*)

Why not cultivate perceptive faculties beyond the mind and senses? There's a way to do so, say the mystics: venture into the world beyond, past the place of dreams and thoughts and into the regions of pure spirit, so say the mystics. Perhaps then man can gain insight into the causal essential energy emanating from the beyond and how to use it more ethically and efficiently on the planet.

Causality, A Priori Knowledge and Rationalism Versus Empiricism

In spite of some of history's great aforementioned geniuses who acknowledge an "almighty" reality beyond mind and matter, there are some scientists who still think we can never know the causality of events. Incredibly there are still scientists and

[10] (philosophy) a doctrine that mind is the true reality and that objects exist only as aspects of the mind's awareness

philosophers who believe that phenomena are not governed by causal laws -thus the debate between the Empiricists and the Rationalists over the issue of "*A Priori*" Knowledge, an understanding which is said to be independent of all particular experiences.

The Empiricist is someone who believes that ideas should be based on real experience or scientific experiments rather than on theory. If *A Priori* knowledge does not come from our experiments of the world, they aver, then where does it come from?

The Rationalist believes that ideas and actions should be based on practical reasons and knowledge, instead of on emotions or religious beliefs, as opposed to *A Posteriori* knowledge, which derives from experience. They claim and identify with the existence of *A Priori* knowledge wherein everything must have a cause.

In either case, the emphasis remains on the world of physical phenomena or the mind, without actually investigating the causal realms which energize manifestation. Again, why not settle the argument by practically and scientifically investigating the beyond and finding a way to more effectively tap into the essential energy?

The Essential Energy and its Manifestation via Phenomena

From the point of view of the mystics, to most effectively measure the dimensions and effects of time and space, the ether, etc. requires insight into the underlying spiritual reality and essential energy.

Man has been able to conceptualize and apply the energy of what scientists call magnetism, electricity, pulsation, resonance, etc. In fact, based on Dr. Norberto Keppe's landmark discoveries in Analytical Trilogy, as elucidated in his book on the "New Physics," the approach to these dynamics has been revolutionized to develop the Keppe Motor. In doing so, the scientist/inventors, Cesar Soós, Roberto Frascari and Alexandre Frascari, applied the principles of electromagnetic resonance to the development of the Keppe Motor, to optimize its efficiency[11].

The technicalities of how they have done this and specifically what it entails, in a way that the lay person can understand, is beyond the scope of this paper or this writer's

[11] http://www.keppemotor.com/en/index.php

knowledge of the world of physics. Suffice it to say that it is obviously a gigantic step in the direction of harnessing the essential energy. Still, much of the scientific world remains skeptical about the energetics of consciousness, which is at the core of Dr. Keppe's teaching.

Many spiritually minded people, though lacking in the specifics of science, can all still marvel at the impact of resonance and the magnetic attraction between people, the lightning speed of telepathy and thought transference, and the seemingly self-perpetuating pulsation of the heart and lungs. Intuitively there is an essential energy at the root of these manifestations.

Science has done a marvelous job of investigating and applying the laws of physics in so far as they have been able to mathematically measure its effects. Yet science admits that "Energy may be transferred from place to place, but the waves and the electric and magnetic forces are not part of the mechanism of transfer; they are part simply of our efforts to understand this mechanism and picture it to ourselves." (*Jeans, p. 171*)

Scientists are still trying to understand what actually causes these phenomena and the extent to which extant effects are actually predetermined by previous effects or whether man, through free will, actually has some control. Later we will see how the mystics tackle this vexing issue.

Determinism Versus Free Will

According to Sir James Jeans, taking into account all the opinions of various scientists and philosophers, "…all will agree that the relative strength of the various motives is determined by past events, so that a man never chooses for himself; his past always chooses for him."

As stated earlier, *Determinism* is a philosophical theory holding that all events are inevitable consequences of antecedent sufficient causes; often understood as denying the possibility of free will. However, truth be told, the greatest of philosophers and scientists have no more solved the riddle of existence than you and I lay persons, although much of their work has admirably enhanced the material development of humanity. It is difficult, in fact, for many scientists to imagine anything other than determinism.

At least the great philosopher Immanuel Kant Kant's attempted to address the confluence of God, free will, and immortality in his well-chronicled "Critique of Pure Reason". He even questioned the limits and scope of pure reason, including when used by Metaphysicians who make grandiose claims about reality based on pure reason alone. The difference between such "Metaphysicians" and the enlightened saint or mystic is that the mystic, you might say, deals with the meta-metaphysical ---that is, actually experiencing the realms beyond the mind.

Apparently, however, in spite of the skepticism of some about the nature of causal reality, Philosophers like Locke and Hume and "most empiricists were nevertheless willing to concede that certain truths could be known by intuition or through demonstrations based on intuition. (*Jeans, p. 36*)

For the mystics, there is a way to consciously and consistently manifest "intuition" to help in matters that cannot be explained by pure logic or intellect.

"On the determinist view, a man's actions would of course be completely predictable in principle by one who had a sufficiently intimate knowledge of his nature, of his past and of the character he acquired in the past. On the indeterminist view, this is not so; a man can falsify all predictions by a capricious, and so unpredictable, choice." (*Jeans, p. 205*)

Interestingly, it is said that the mystic can read a person's past like a book and predict the future, but can actually help to change a person's destiny. While it is true that a man may be able to fool the average prognosticator by being unpredictable, this alone will not change his destiny, but investigating and experiencing the beyond, says the mystic, can alter some results.

This is one of the most troubling issues for the average man who is taught that "the sky is the limit". Whereas both the determinist and the mystic agree that present actions, and motivations are based on a past that chooses our future. If there is any way out of this conundrum, it stands to reason that accessing a dimension – the "Subjective Realms" - beyond the regions of cause and effect and mental, emotional, physical phenomena - would provide some answers.

The Subjective Versus Objective Realms and Forms of Reasoning

Generally, the world of physics sees no clear line of differentiation between subject and object. But this is limiting subject/object to duality in the manifested realms. The mystics point to the "Subjective" realms as the regions of spirit beyond the mind, emotions and physical matter, which constitute the "Objective" realms.

This distinction is important because man - "made in the image of God" - is by nature an "individual"; the "indivi" part of him is the immortal spirit; the "dual" part of him is the mortal body/mind.

The new Quanta theory, which addresses reality beyond the three dimensional, purports to bring us closer to some absolute truths. Science primarily uses deduction to test hypotheses and theories ---i.e., the process of reasoning from one or more general statements (premises) to reach a logically certain conclusion.

Inductive reasoning is generally understood as being a kind of reasoning that constructs or evaluates general propositions that are derived from specific examples.

Abductive reasoning[12] is a form of logical inference that goes from observation to a hypothesis that accounts for the reliable data (observation) and seeks to explain relevant evidence. (And Adductive Reasoning[13] is using available facts to come up with the best explanation)

In truth, any of the above forms of reasoning would benefit from intuitive insight to help form sounder premises, more relevant hypotheses and more accurate observation and conclusions. At the very least, it might further to apply these reasoning's to investigate the beyond. However, this also demands a form of "subjective" cognition that comes from exploration of the subtle metaphysical energies and realms beyond mind and matter, for the proverbial "whole is greater than the sum of its parts".

Manifestations of the Essential Energy

[12] https://www.google.com/#sclient=psy-ab&q=abductive+reasoning&oq=what+is++adductive+reasoning&gs_l=serp.1.0.0i10i30.22732.32805.0.80238.34.25.9.0.0.0.289.3199.10j11j4.25.0...0.0.0..1c.1.17.psy-ab.3mGvuBs4RGM&pbx=1&bav=on.2,or.r_cp.r_qf.&fp=ef874089b9ec5761&biw=1241&bih=590

[13] http://www.slideshare.net/MoyAlotumi/adductive-reasoning

One step towards gaining deeper insight into the essential energy is to research and study the effects of disciplines like Tai Chi, Qi Gong, Karate, Chinese Medicine, Homeopathy, Reiki, Yoga and a whole host of energy based healing technologies.

What they all have in common is the ability to more efficiently appropriate the essential energy directly from the environment, without the collateral damage resulting from reliance on heavy material matter (such as oil and coal in the case of fuel energy, as opposed to technologies based more on the principles employed by the Keppe Motor).

All of the above technologies begin with an acknowledgement of the Holy Spirit which is also known as the Tao in Taoism or "life impulse which is commonly known as Shabd or Nad among the Hindus, Kalma or Kalurn-i-Rabbuni among Muslims, Such, Naam or Hukam among Sikhs, and 'Word' among Christians."[14]

The Holy Spirit manifests through what is known as "Chit" (Qi) or "prana". Moving the body a certain way causes the body to absorb the chi from the air differently, and to circulate it differently…Chi is absorbed, with every breath you take. ..The sun is a source of chi also, believe it or not, and a powerful one.[15]

There is a plethora of literature explicating these technologies, if only the material scientist would include this in their investigations in trying to reconcile essential energy and its causal relationship to phenomena. According to many different sources, Prana is:

> **"The infinite, omnipresent manifesting power of this universe [which] evolved everything that we call energy, everything that we call force. It is the Prana that is manifesting as motion; it is the Prana that is manifesting as gravitation, as magnetism. It is the Prana that is manifesting as the actions of the body, as the nerve currents, as the thought force. From thought down to the lowest force, everything is but the manifestation of Prana. The sum total of all forces in the universe, mental or physical, when resolved back to their original state, is called Prana."[16]**

According to this teaching there is Chi or Prana in every breath we take, in the ground, in the food, and in the sun. In addition, every human being embodies what is called an "etheric body"[17] that imbibes Prana or Chi.

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[14] "The Way of the Saints", p. 33

[15] http://wiki.answers.com/Q/How_to_get_chi_energy

[16] http://goo.gl/Vwdum

[17] https://en.wikipedia.org/wiki/Etheric_body : The etheric body, ether-body, æther body, a name given by neo-Theosophy to a vital body or subtle body propounded in esoteric philosophies as the first or lowest layer in the "human energy field" or aura. [1] It is said to be in immediate contact with the physical body, to sustain it and connect it with "higher" bodies.

In the process of the Holy Spirit manifesting the essential energy via Prana, which is taken in via man's etheric body, it interacts with what is called the "Kundalini" power within the body. "The purpose of Kundalini is to balance the two physical polarities (male/female) within the physical plane of consciousness….Kundalini energy moves from the 'bottom up', taking our lower nature into the spiritual realms. The Holy Spirit moves from the 'bottom down,' bringing our Divine nature into our earthly existence."[18]

While these technologies are useful in a certain context – to appropriate the essential energy more efficiently, one is advised to be sure to enlist the aid of seasoned enlightened teachers who are skilled in their craft, and aware of potential pitfalls when directly engaging these manifestations of the essential energy. When so used, with moderation and skill, they can be very beneficial. However, the mystics advocate a higher form of "Yoga" which is safer to begin with, especially for the uninitiated in some of the more strenuous of these practices. It is called "Surat Shabd Yoga" or the Yoga of the sound Current.

The Mystical Approach to Harnessing the Essential Energy

First of all, just as there are learned and wise human beings in all fields, including the field of Quantum Physics and Philosophy, there are enlightened persons in the field of spirituality. Here we are not talking about the ordinary priest, rabbi, Imam, etc.

Historically these have been known as the Buddha, Jesus, Mohammad, Zoroaster, Lao Tsu, Krishna, Et Al. These are all known as "God-men" – human beings who have reached the pinnacle of their potential as souls inhabiting a human body – to become co-creators with the divine.

They are generally not the creators of the thousands of religious sects or denominations in the various faiths of the world which are named after them. They come not to create religions, but to ferry souls in consciousness back to their creator, while still living in the human body.

Contrary to the protestations of many of those who proselytize and missionize in the rites and ritual bound conventional, organized faiths, the planet never lacks one or more **living** successors of these enlightened personages, although their roles may not be to

[18] http://goo.gl/Vwdum

assume the same public persona as have some of the most commonly known saviors. And what is the role of these enlightened ones?

> "Under His superintendence and guidance such a Master opens the inner eye of the seeker and leads him from plane to plane until He places him at the feet of God-and all this during his lifetime and not after death. "It is therefore of absolute importance for every intelligent person-no matter of what religion, color or creed -to betake himself, as he would to the living king or living physician, to the present Living Master of the age if he wants to drink the Nectar of Immortality and attain life everlasting."[19]

Such enlightened ones teach that man becomes on a "karmic" wheel of birth and rebirth, until such time that one comes to the realization that the true purpose of living is to realize our potential as God-men and God-women.

Mystics, Karma, Free Will and Preordination

As mentioned earlier, Scientists and philosophers throughout the ages have been savvy enough to know that it would further to solve the riddle of preordination versus free will.

It turns out that the musings of the Determinists are not so far off the mark, based on the teachings of the Science of the soul:

> **"A will is free only so long as it has not acted. Once it acts, then that very act becomes binding on it. The second time it acts, it does not act as a free will, but as a "calculating will" for it carries the experience of the first act with it. And calculating will is not a free will, but a limited will. The very creations or acts of a free will work as limiting factors upon it and guide in its future, activity. So, the more world one has, the more his will is guided it in its future activity. So, the more experiences one has, the more his will is guided and thus limited. And this is real predestination."[20]**

More importantly, the saints teach that man has three types of karma that impact his free will: 1) From thousands of past lives; 2) A portion thereof that must be mitigated in

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[19] "The Way of the Saints", p. 33

[20] The Egyption Mystery "School of On (Annu or God)": http://books.google.com/books?id=4-uvWA-LEbIC&pg=PA280-IA8&lpg=PA280-IA8&dq=%22calculating+will+is+not+a+free+will,+but+a+limited+will.%22&source=bl&ots=XT9dekNQIc&sig=JcMCPCB5x64fajbVzR_Q0ODWPAI&hl=en&sa=X&ei=DW3WUeuLL6mM0QHqy4DoCA&ved=0CC0Q6AEwAA#v=onepage&q=%22calculating%20will%20is%20not%20a%20free%20will%2C%20but%20a%20limited%20will.%22&f=false

this lifetime; and 3) New karma that creates impressions on the soul that ultimately must be mitigated before man can reach his ultimate potential as a saintly being.

The role of the mystic is to work with souls to find ways to mitigate this karma, so that the soul can rise above body consciousness and reconnect with his Creator. While the ultimate goal is to realize one's divinity, there are very tangible benefits accrued to the soul in the process – namely, attaining the ability to experience "Divine Revelations" which are the source of tapping into the essential energy and bringing it to bear in everyday life – including the lives of scientists.

Science of the Soul and Divine Revelations

Enlightened saints teach a universal form of meditation[21] the purpose of which is to rise above body consciousness to experience oneself as pure spirit, and to ultimately reconnect to the Creator and become a co-worker with the Divine, while still living in the human body.

This practice can be performed by anyone without having to change one's religion or adopt a new one and without having to engage in strenuous postures and exercises (although the aforementioned energy exercises engaged in moderately can achieve the purpose of helping the seeker to sit longer in meditation).

The practice of meditation under the guidance of an enlightened saint involves sitting quietly with the spine straight, with the eyes closed and the attention at the seat of the soul – the forehead (the "Third Eye"), between and behind the eyebrows, while repeating sacred names of God with the Tongue of thought. There is no engagement of the senses through chanting out loud or focusing on the breath. The idea is to ultimately stop all thought in the process of preventing the soul energy from escaping through the nine sensory doors: 2 eyes, 2 ears, 2 nostrils, mouth and the 2 below. Once this is achieved, they say, the soul automatically goes up.

When done properly, there are time tested results which masters of many different traditions have attested to:

[21] http://www.scribd.com/doc/14686932/Meditation-Instruction

- One no longer feels the encumbrance of the body below the eye center

- With time and practice one begins to receive "**Divine Revelations**", consisting of inner light, sound and "soma" (bliss). These act as medicaments to heal the body, and are the source of intuitions and wisdom versus book knowledge, in what many scriptures call the "bread and water of life"

    - One may see inner lights, colors, the sun, the moon, stars

    - One may hear the "Celestial Music" or "Music of the Spheres", consisting of various instruments like the flute, drums, lute, etc. – which draw the soul upward like the pied piper, and each of which means something special in providing guidance to the seeker.

    - One may see visions of past or present saints

    - One experiences more bliss and less suffering, including well documented reductions in stress, heart disease and healing of other ailments.

What the saints advise is that every human being see for themselves, and not just depend on the experiences and teaching of others. Meaning, perform the experiment – be the scientist who learns a body of spiritual knowledge, and applies a spiritual technology to get predictable results.

<u>Investigate – See for Yourself</u>

It is my fervent hope that the reader treats this presentation and its tenets as a "Working Hypothesis", in the spirit of the great Greek philosopher/ mathematician, Euclid. How?

- Research the great mystics of all time, as much as you research the great philosophers and Scientists

- Research and begin to incorporate more energy based factors in your life—i.e., lifestyle factors that are geared to appropriating the Divine essential energy for instance:

- Learn to meditate daily – imbibing the Holy Spirit - food for the soul as much or more than you ingest food for the body.

- Eat more foods that provide a physical version of the essential energy

  - Live foods that contain more chit or prana

  - More natural, less processed foods

  - Less flesh foods that tend to limit appropriation of the essential energy

    ** There are many great men and women in history who were vegetarians: "These men and women are some of the most elite, intelligent, mentally focused, talented, humanitarian, beloved and beautiful people that you will ever meet: HUMANITARIANS - ACTIVIST: Gandhi, Rosa Parks, Princess Diana, Teresa Hsu, Buddha, Aung San Suu Kyi, Cesar Chavez, Jane Goodall. PURE GENIUS: **Nikola Tesla** (one example of a genius who exhibited signs of great intuition and inspiration beyond the realm of intellect)[22], Albert Einstein, Pythagoras, Leonardo Da Vinci, Socrates, Darwin, Plato, Sir Isaac Newton, Ben Franklin, Thomas Edison, Confucius - Yehudi Menuhin.[23]

  - Drink plenty of pure water and a imbibe a modicum of sunlight

- Practice energy harnessing exercises like Tai Chi, Yoga, Qi Gong, etc.

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[22] http://www.kerryr.net/pioneers/tesla.htm: Tesla invented the alternating-current generator that provides your light and electricity, the transformer through which it is sent, and even the high voltage coil of your picture tube. The Tesla Coil, in fact, is used in radios, television sets, and a wide range of other electronic equipment - invented in 1891; no-one's ever come up with anything better. Became a vegetarian in his later years, living on only milk, bread, honey, and vegetable juices. [133][165]Tesla related in his autobiography that he experienced detailed moments of inspiration. During his early life, Tesla was stricken with illness time and time again. He suffered a peculiar affliction in which blinding flashes of light would appear before his eyes, often accompanied by visions. Often, the visions were linked to a word or idea he might have come across; at other times they would provide the solution to a particular problem he had encountered. Just by hearing the name of an item, he would be able to envision it in realistic detail. Tesla would visualize an invention in his mind with extreme precision, including all dimensions, before moving to the construction stage, a technique sometimes known as picture thinking. He typically did not make drawings by hand but worked from memory. Beginning in his childhood, Tesla had frequent flashbacks to events that had happened previously in his life.

[23] http://www.chimachine4u.com/vegetarian.html

- Research and experiment with energy medicines like Homeopathy which purportedly extracts the spiritual essence of substances to promote cure

In summary, be brave enough to research and investigate the beyond – the source of the essential energy, in order to infuse the nectar of the Energetics of Consciousness into your everyday lives. Liberate the soul from its imprisonment in the body. And, you current and would be scientists, bring some fresh insights to the new physics

> *"The old physics showed us a nuniverse which looked more like a prison than a dwelling-place. The new physics shows us a universe which looks as though it might conceivably form a suitable dwelling-place for free men, and not a mere shelter for brutes – a home in which it may at least be possible for us to mould events to our desires and live lives of endeavor and achievement." (Jeans, p. 216)*
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